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## Professional Experience

### Massachusetts Institute of Technology

(2022–present)

- ◆ **Research Project Assistant for Prof. Sara Seager (2022–present)**
  - Designing and developing software for processing scientific datasets.
  - Creating publishable figures and data visualizations using Python/Matplotlib.

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### American Association of Variable Star Observers

(2020–present)

- ◆ **AVSpec validator (2022–present)**
  - Reviewing and providing feedback on spectra submitted to the AVSpec spectroscopy database.
  - Mentoring observers to help them improve the quality of their spectra.
  - Writing extensive instructional materials on the topic of spectroscopy.
  - Hosted a series of 23 educational AVSpec Open House events.
- ◆ **Webinar Coordinator (2020–present)**
  - Identifying, securing, and communicating with speakers.
  - Scheduling tech checks and providing technical support.
  - Hosting 1-3 webinars per month (over 50 webinars hosted so far).
- ◆ **Co-Leader, Spectroscopy Section (2022–2023)**
  - Increased engagement by hosting monthly Section meetings.
  - Advised beginner spectroscopists on efficient and correct procedures.
- ◆ **AAVSO Ambassador (2020–2022)**
  - Helped run the 111th AAVSO Annual Meeting in Tucson, AZ.
  - Completely overhauled the public-facing webpages for the AAVSONet program.
  - Authored the AAVSO Introduction to Python.
  - Created advertising materials for the AAVSO.
- ◆ **Co-host, 2021 AAVSO Spectroscopy Workshop (Nov. 3–4th, 2021, Somerville, MA)**
  - Emceed part of the conference.
  - Assisted with pre-conference setup.
- ◆ **Additional responsibilities**
  - Improving the design of webpages using HTML/CSS within constrained frameworks.
  - Coordinated speakers for the 112th AAVSO Annual Meeting in Somerville, MA.
  - Ran A/V during the hybrid 112th AAVSO Annual Meeting in Somerville, MA.
  - Assisting with other tasks essential to the success of the nonprofit as they arise.

## Pisgah Astronomical Research Institute

(2023)

### ◆ Summer Camp Counselor (2023)

- Helped excite kids aged 13–18 about astronomy.
- Designed planetarium shows and operated PARI's planetarium for large groups.
- Operated PARI's 25" telescope during public outreach events.
- Assisted with research in the Astronomical Photographic Data Archive.
- Answered phones, aided during tours, and fulfilled other tasks to support the observatory.

## Houston Astronomical Society

(2018–2020)

### ◆ Mentor (2020)

- Tutored an assigned mentee in introductory observational astronomy and the use of a telescope.

### ◆ Youth Director (2018–2019)

- Participated in board meetings to help determine the course of the organization.
- Advocated for members.

## Publications and Awards

Seager, S., Petkowski, J.J., Seager, M.D., Grimes Jr., J.H., Zinsli, Z., Vollmer-Snarr, H.R., Abd El-Rahman, M.K., Wishart, D.S., Lee, B.L., Gautam, V., **Herrington, L.**, Bains, W., & Darrow, C. (2023). **Stability of Nucleic Acid Bases in Concentrated Sulfuric Acid: Implications for the Habitability of Venus' Clouds.** *PNAS*.

## William Tyler Olcott Distinguished Service Award

(2022)

- Presented to a member of the AAVSO organization for outstanding contributions in mentoring/promoting variable star astronomy.
- Citation: [aavso.org/william-tyler-olcott-distinguished-service-award](https://aavso.org/william-tyler-olcott-distinguished-service-award)

## Mentions in Media

O'Meara, S. J. (2023, February). Test your visual acuity with the Theta Orionis challenge. ***Astronomy***.  
<https://www.astronomy.com/observing/test-your-visual-acuity-with-the-theta-orionis-challenge/>  
→ *Naked-eye observations of Theta Orionis are quoted.*

Buxner, S. R., Fitzgerald, M. T., & Freed, R. M. (2021). Amateur Astronomy: Engaging the Public in Astronomy Through Exploration, Outreach, and Research. In A. P. Kaminski (Ed.), ***Space Science and Public Engagement*** (pp. 143–168). Elsevier.  
→ *Profile constructed from interview is given as an example of a young astronomer.*

O'Meara, S. J. (2020). **Mars**. London: Reaktion Books.

→ Daytime naked-eye observation of Mars is mentioned on p. 179.

O'Meara, S. J. (2019, January). Mars in daylight, no telescope needed. **Astronomy**.

<https://www.astronomy.com/observing/mars-in-daylight-no-telescope-needed/>

→ Daytime naked-eye observation of Mars is described in detail.

## Talks

### Invited talks

2023 - Astronomy Club of Tulsa - *The Pisgah Astronomical Research Institute*

2023 - Pisgah Astronomical Research Institute - *Variable Stars*

2021 - The Bush School Astronomy Cascade - *From Point A to the B Band: One Young Astronomer's Journey into Spectroscopy*

2021 - Houston Astronomical Society - [\*DIY Spectrography on a Budget\*](#)

2020 - AAVSO Spectroscopy Observing Section webinar - [\*The Drift Scanning Method: Spectrography with a dob\*](#)

### Contributed talks

2023 - Bartlesville Astronomical Society - *A Look Inside the Pisgah Astronomical Research Institute*

2022 - AAVSO How-To: Python! - [\*Introduction to Python for Astronomy: The Basics\*](#)

2021 - 110th AAVSO Annual Meeting - *RSGs are just plain cool: An observing program and online tool*

2021 - AAVSO How-To Hour - [\*Spectrography on a Budget\*](#)

2020 - ASW2020 - [\*Let the Earth do the work! High Quality Spectra at Low Cost with the Drift Scanning Method\*](#)

## Skills

### Observational Astronomy

- ◆ Stellar spectroscopist with field experience using both slitless systems and slit spectrographs.
- ◆ Pioneered the 'drift scanning spectroscopy' technique in order to perform slitless spectroscopy of stars without access to a motorized mount.
- ◆ Constructed an R=40,000 Sol'Ex-design spectrograph using 3D printed parts.
- ◆ Visual observer with 7 years of field experience using a wide variety of telescopes.
- ◆ Additionally knowledgeable about photometry and various astrophotography techniques.

### Teaching

- ▶ Over 100 hours of experience volunteering at public astronomy outreach events.
- ▶ Provided personalized mentorship to dozens of people online via email, Zoom, and forums.

## Natural Sciences

- ▶ Macro photographer specializing in spiders and chironomids (lake flies).  
**Portfolio:** [flickr.com/photos/lauren-herrington/albums](https://www.flickr.com/photos/lauren-herrington/albums)
- ▶ Active contributor to the citizen science project iNaturalist, with over 650 observations uploaded, and over 700 organisms identified for other users.  
**Profile:** [inaturalist.org/people/peeppeepnuthatch](https://www.inaturalist.org/people/peeppeepnuthatch)

## Programming

- ▶ Competent in the use of PHOEBE for forward modeling of binary star systems.
- ▶ Created [redsupergiants.com](https://redsupergiants.com). (Sep.–Oct. 2021)

### Proficient in:

Python (*incl. Astropy and Astroquery*)  
HTML/CSS

### Additionally familiar with:

Flask/Jinja2  
Javascript  
SCSS  
SQLite

## Graphic Design

Portfolio: [tiedyeastronomer.com/portfolio](https://tiedyeastronomer.com/portfolio)

### Proficient in:

Matplotlib  
Adobe Photoshop  
Adobe Illustrator

### Additionally familiar with:

Adobe Premiere Pro  
Adobe InDesign

## Other uncommon skills

Laser cutting (*vector design, software, and maintenance of a laser cutter*)  
Writing & editing (*especially scicomm*)

# Education

## Tulsa Community College

(2022–present)

- In progress: Mathematics, A.S.; planned transfer to university astrophysics program.
- Current GPA: 3.76.